



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## **Y-PALS MENTOR PROGRAM**

"**Y**oung **P**eople **A**ctively **L**earning **S**uccess" is a program for children ages 6-14 years who need a positive role model, more self-esteem, and self-confidence. The program is for children in single-parent or dual-parent families. Y-PALS helps kids build social skills, develop a friendship, and provides them with someone who will listen. Y-PAL volunteers share their free time with a youth about four hours per month. Y-PALS can do ordinary things like talking on the phone, playing board games, going bowling, making dinner, walking the dog, going to the library, and reading to each other.

### **How to Become a Y-PALS Participant?**

If you believe your child or a child you know could benefit from being part of the Y-PALS program, please call Kathy Lock at (660) 542-0011 or stop by the YMCA to pick up an application. There is no charge for being part of the Y-PALS program and if your child is an active Y-PALS participant, he/she will receive a FREE membership to the YMCA.

### **Why Y-Pals?**

This **FREE** program was established:

To serve the needs of young people

To offer over-stressed families a resource to help meet the needs of their children.

To provide youth with positive, growth-inducing relationships with adults

To make a difference in a child's life

### **How are Children Referred to the program?**

Youth are referred by the parents/guardians of the participants

Fill out a simple application and open up a door to a life changing experience for child.

### **What activity can my mentor do with ME?**

- Go fishing
- Play Basketball, Football, Baseball
- Attend Sporting Events
- Go to the movies
- Eat lunch at school
- Teach me to cook
- Go to the YMCA
- Go Swimming
- Play at the Park
- Go to the Library
- Help with studies
- Options are endless



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## Carroll County Area YMCA After School Club



### **WHY THE Y?**

- State Licensed
- Structured homework time
  - Daily physical activity
    - Healthy Snacks
  - Socialize with friends
    - Games
- Supervised by State Approved Employees
- Bus Transportation provided from CES to Adams School

### **WEEKLY COST:**

	<b><u>YMCA MEMBER:</u></b>	<b><u>Program Participant</u></b>
1st Child:	\$28	\$38
2nd Child:	\$25	\$35
3rd Child+:	\$22	\$32

Location: Adams School

Time: 3:00-6:00 pm

1:00-6:00 pm (PLC Days)

Begins October 19th

Must enroll by October 12th

**MUST HAVE 7 PARTICIPANTS!!**

**REGISTER NOW AT THE Y!!! 660-542-0011**